



Personal, Social and Health Education Long Term Plan

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
R	<p>How people and other living things have different needs; about the responsibilities of caring for them.</p> <p>About things they can do to help look after their environment.</p>	<p>Story Sessions: Handmade with Love</p>	<p>I Am Me Heads, Shoulders, Knees and Toes. Ready Teddy.</p>	<p>I Like, You Like, We All Like Good Feelings, Bad Feelings. Let's Get Real</p>	<p>Growing Up God is Love Loving God, Loving Others Me, You, Us</p>	<p>About what rules are, why they are needed, and why different rules are needed for different situations.</p>
Y1	<p>About the different roles and responsibilities people have in their community.</p>	<p>God Loves You</p>	<p>Special People Treat Others Well ... ... And Say Sorry</p>	<p>Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can You Help Me?</p>	<p>Three in One Who is my Neighbour? The Communities we Live in</p>	<p>What money is; forms that money comes in; that money comes from different sources.</p> <p>That people make different choices about how to save and spend money.</p>
Y2	<p>About the difference between needs and wants; that sometimes people may not always be able to have the things they want.</p> <p>That money needs to be looked after; different ways of doing this.</p>	<p>Story Sessions: Let the Children Come.</p>	<p>I Am Unique Girls and Boys Clean and Healthy</p>	<p>Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry</p>	<p>The Cycle of Life</p>	<p>Different jobs that people they know or people who work in the community do. About some of the strengths and interests someone might need to do different jobs.</p>

	That jobs help people to earn money to pay for things.					
Y3	How everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices). To value the different contributions that people and groups make to the community.	The Sacraments Jesus My Friend	Friends, Family and Others When Things Feel Bad	Sharing Online Chatting Online Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes	A Community of Love What is the Church? How Do I Love Others?	About the different ways to pay for things and the choices people have about this. To recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'. To recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes. That there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life.
Y4	Get Up	To recognise reasons for rules and laws; consequences of not adhering to rules and laws. About diversity: what it means; the benefits of living in a diverse community; about	We don't have to be the same. Respecting our Bodies <del>What is Puberty?</del> <del>Changing Bodies</del> <del>Boy / Girl Discussion</del> Groups	What Am I Feeling? What Am I Looking at? I Am Thankful!	Life Cycles	Different ways to keep track of money. About risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe. That some jobs are paid more than others and money is one factor

		valuing diversity within communities.				which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid. About some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation.
Y5	To recognise there are human rights, that are there to protect everyone. About stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes.	Is God Calling You?	Under Pressure Do you want a piece of cake? Self Talk  What is Puberty? Changing Bodies Boy / Girl Discussion Groups	Sharing isn't Always Caring Cyberbullying Types of Abuse Impacted Life Styles Making Good Choices Giving Assistance	The Trinity Catholic Social Teaching Reaching Out	That people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity) To recognise that people make spending decisions based on priorities, needs and wants. About stereotypes in the workplace and that a person's career aspirations should not be limited by them. About what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical

						assumptions can deter people from aspiring to certain jobs).
Y6	Story Sessions: Calming the Storm	About the relationship between rights and responsibilities. About prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced.	Gifts and Talents Girls' Bodies Boys' Bodies Spots and Sleep	Body Image Funny Feelings Emotional Changes Seeing Stuff Online	Reaching Out	About the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations. To identify the ways that money can impact on people's feelings and emotions. To identify the kind of job that they might like to do when they are older. To recognise a variety of routes into careers (e.g. college, apprenticeship, university).

Black text: Life to the Full Purple text: aspects of PSHE not covered by Life to the Full.