

Week 1	Week 2	Week 3
Meat Free Monday	Meat Free Monday	Meat Free Monday
Homemade Macaroni Cheese	Margherita Pizza with baked jacket wedges and sweetcorn	Homemade Tomato and Mascarpone Pasta Bake with seasonal vegetables
Vegetarian Sausage Roll with baked diced potatoes and beans	Pasta with tomato sauce	Omelette with baked herby diced potatoes and sweetcorn
Strawberry ice cream roll	Raspberry Ripple ice cream roll	Chocolate ice cream roll
Tuesday	Tuesday	Tuesday
Curry served with 50/50 rice	Spanish chicken and rice	Roast chicken, new potatoes and vegetables
Pasta with tomato and herb sauce	Hot ham and cheese panini	Vegetarian burger in a bun with wedged potatoes, coleslaw and sweetcorn
Fresh fruit segments or yoghurt	Fresh fruit salad or yoghurt	Fresh fruit segments or yoghurt
Wednesday	Wednesday	Wednesday
Sausage with creamed potatoes, gravy and vegetables	Beef and vegetable pie with new potatoes and vegetables	Chicken Tikka Masala served with 50/50 rice
Hot tuna panini with coleslaw, sweetcorn and salad	Veggie noodles	Baguette pizza with fresh salad and coleslaw
Homemade blueberry cake	Jelly and Fruit	Apple crumble and custard
Thursday	Thursday	Thursday
Homemade pasta bake with seasonal vegetables	Spaghetti Bolognaise	Pork meatballs and wholemeal pasta in homemade tomato and basil sauce
Homemade cheese flan served with baked jacket wedges and sweetcorn	Selection of filled wraps	Twice baked jacket potatoes with ham and cheese, served with beans
Jelly and fruit	Homemade cake (carrot/banana/oat)	Jelly and fruit
Friday	Friday	Friday
Oven baked fish fingers with chunky chipped potatoes and peas/beans	Oven baked battered salmon with chunky chipped potatoes and peas/beans	Crumb coated chicken with chunky chipped potatoes and peas/beans
Crumb coated chicken with chunky chipped potatoes and peas/beans	Chicken goujons with chunky chipped potatoes and peas/beans	Oven baked battered fish with chunky chipped potatoes and peas/beans
Homemade shortbread biscuit	Homemade biscuit	Homemade biscuit or cake

Available Daily as an alternative	Filled jacket potatoes, sandwiches with vegetables, a dessert and drink, unlimited fresh fruit, salad and wholemeal bread.	
	Milk and water	
Menu Cycle Week One	18 <sup>th</sup> September, 9 <sup>th</sup> October	
Menu Cycle Week Two	4 <sup>th</sup> September, 25 <sup>th</sup> September, 16 <sup>th</sup> October	
Menu Cycle Week Three	11 <sup>th</sup> September, 2 <sup>nd</sup> October, 23 <sup>rd</sup> October	